



# **Counseling Leaders & Advocates**

**Strengthening the Future  
of the Profession**

*edited by*

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Barbara Herlihy**

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of the Profession**

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## Dedication

*To the future leaders and advocates in the counseling profession.*





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## Preface

We (Cassandra A. Storlie and Barbara Herlihy), as coeditors of this book, welcome you to *Counseling Leaders & Advocates: Strengthening the Future of the Profession!* As professional counselors, we are naturally drawn to and curious about the stories of our clients. Our curiosity allows us to delve into their worldviews and provides an avenue to better understand how to advocate with and for them. In a parallel way, each of us engages in a form of leadership known as “servant leadership” by ensuring that service is central to the counseling profession and that the needs of others come first (Greenleaf, 1970). This servant leadership philosophy, which is congruent with the founding principles of counseling, fueled our own curiosity about the stories of our current counseling leaders. How do their unique stories help us better understand diverse worldviews and the future of leadership and advocacy in the counseling profession? Part I provides more detailed information about the organization of the book and perspectives on leadership and advocacy; Part II presents the stories of 13 leaders/advocates and is truly the heart of this work; and Part III provides a synthesis and some concluding thoughts. We are excited to offer this book and hope you will find it enjoyable and instructive. For us, serving as coeditors for this work has truly been a labor of love.



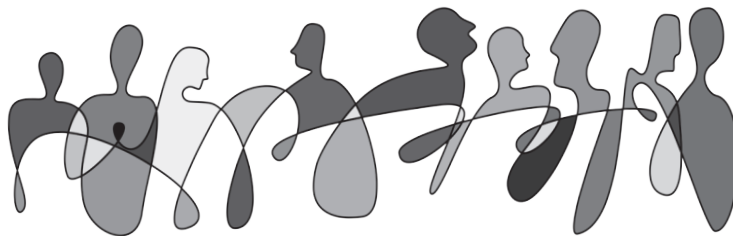




## Acknowledgments

When any new book appears, hidden behind the curtain are vital contributors without whom the work would not exist. This book is no exception. We are grateful to the five leaders/advocates who served as our Academy of Advisors, participating in a modified Delphi process to select the leaders and advocates who are profiled in Part II. We greatly appreciate the work of the two peer reviewers who read the first draft of this work and provided many insightful comments and helpful suggestions for improvement. Working with our publishers, Carolyn Baker and Nancy Driver, at the American Counseling Association has been a true pleasure. We further thank our family, friends, and colleagues who have encouraged and supported us throughout this process.





## About the Editors

**Cassandra A. Storlie, PhD, LPCC-S (Ohio), NCC, RN (Illinois)** is an associate professor and doctoral program coordinator in the Counselor Education and Supervision program at Kent State University. She earned her PhD in counselor education and supervision from the University of Iowa.

Storlie has held a variety of leadership positions in counseling at the state, regional, national, and international levels. She is a past president of NCACES (North Central Association for Counselor Education and Supervision) where she also served as secretary (2015–2016). Storlie chaired the ACES Advocacy Interest Network (2013–2017), has served as an ACES proposal reviewer/mentor, and served on a variety of ACES task forces. She chaired the ACES Bylaws & Resolutions Committee (2020–2021), serves as ACES secretary (2021–2022), and is cochair of the ACES Strategic Planning Committee (2021–2023).

Storlie served as secretary (2016–2018) and chair of the Counselor Community Engagement Committee (2013–2016) for Chi Sigma Iota International. She is the associate editor for the *Journal of Counselor Leadership and Advocacy (JCLA)*. She has served on the Professional Advocacy Task Force for the American Counseling Association (ACA; 2015–2016) and cochaired ACA's Awards Committee (2019–2020). Storlie was awarded the National Career Development Association's Diversity Initiative Award (2016), Outstanding Mentor of the Year for OACES (Ohio ACES; 2017), Ohio Counseling Association's Writing & Research Award (2019), and was the 2020 recipient of *JCLA*'s Outstanding Article Award. In 2019, she was awarded Distinguished Faculty Researcher in the College of Education, Health & Human Services at Kent State University. As a Latina, her research is focused on leadership and advocacy and the career development of Latinx/os/as and BIPOC (Black, Indigenous, and people of color) communities. She has authored or coauthored approximately 45 journal articles and book chapters.

Storlie and her husband, Chad, have one daughter, Audrey. She enjoys distance running and playing with her two large dogs, Buddy and Derby. She is beyond grateful for the mentorship she has received throughout her career and especially from Barbara Herlihy, coeditor of this book.

**Barbara Herlihy, PhD, NCC, LPC-S**, is a professor in practice and doctoral program director in the Counselor Education program at the University of Texas at San Antonio. She is also professor emeritus in the College of Education and Human Development at the University of New Orleans.

Herlihy has served in several leadership positions, most recently as president of the Chi Sigma Iota International honor society (2017–2018). She is a past chair of the ACA Ethics Committee, the ACA Foundation, and the ACA International Committee. She currently serves as associate editor for ethics for the journal *Counseling and Values*. She is a past recipient of the Southern ACES Courtland Lee Social Justice Award and the ACES Distinguished Mentor Award. She is an ACA Fellow.

A prolific writer, Herlihy is coauthor (with Gerald Corey and with Theodore P. Remley) of three current books on counselor ethics, and she has authored or coauthored approximately 100 journal articles and book chapters. Her professional interests include ethics, social justice and advocacy, trans-cultural counseling, and feminist therapy. She is passionate about furthering the ethical globalization of the counseling profession. She loves international travel and has presented seminars and workshops across the United States and in other countries, including Mexico, Venezuela, Malta, Argentina, and Italy.



## Meet the Contributing Authors

**Patrick Akos, PhD**, has professional experience as a school and college career counselor that informs his work as a professor in the School of Education at the University of North Carolina at Chapel Hill. His research, teaching, supervision, clinical practice, and leadership are grounded in a strengths-based framework, which is informed by humanistic traditions and empirically supported by contemporary scholarship (e.g., positive psychology). Broadly, he examines how best to support and cultivate thriving, especially during educational and career transitions.

**Alexander T. Becnel, PhD**, is an assistant professor in the Department of Special Education, Counseling, and Student Affairs at Kansas State University. His research interests include suicide assessment preparation, crisis management and intervention, and counselor leadership. He has also led several trainings and presentations on suicide assessment, prevention, and postvention for school counselors. He has experience as both a school counselor and a clinical counselor specializing in the treatment of adolescents and their families.

**Michael D. Brubaker, PhD**, is associate professor and associate director of the School of Human Services at the University of Cincinnati. His clinical and research interests have focused on underserved and socially marginalized populations, including those experiencing homelessness; individuals who identify as lesbian, gay, bisexual, transgender, and queer (LGBTQ+); and ethnic minorities. He is past president of Chi Sigma Iota International (2016–2017) and is the editor of the *Journal of Counselor Leadership and Advocacy* (2020–2023).

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**Christian D. Chan, PhD, NCC**, is an assistant professor at The University of North Carolina at Greensboro, past president of the Association for Adult Development and Aging (AADA), associate editor for the journal *Teaching and Supervision in Counseling*, and a proud queer person of color. His interests revolve around intersectionality; multiculturalism in counseling practice, supervision, and counselor education; social justice and activism; career development; critical research methodologies; and couple, family, and group modalities with socialization/communication of cultural factors.

**Madelyn Duffey, MS, MA, NCC**, is a doctoral student in the counselor education and supervision program at the University of Texas at San Antonio. She has served on the American Counseling Association (ACA) Professional Advocacy Task Force and the ACA Awards Committee, and she is the awards cochair for the Sigma Alpha Chi Chapter of Chi Sigma Iota. Madelyn received the 2019–2020 Sigma Alpha Chi Chapter of Chi Sigma Iota Outstanding Entry Level Student Award and the 2020–2021 Southern Association for Counselor Education and Supervision (SACES) Outstanding Master’s Student Award.

**Isabel C. Farrell, PhD, NCC, LPC**, is an assistant professor at Wake Forest University. Her research is focused on the needs of marginalized populations, specifically immigrant, refugee, and Latinx/o/a clients, in addition to legislative professional advocacy. She was a 2016 National Board for Certified Counselors Foundation Minority Fellow and 2018–2019 Chi Sigma Iota intern. She is currently a committee member of the ACA Public Policy and Legislation Committee (2020–2023), Southern Association for Counselor Education and Supervision (SACES) newsletter coeditor (2020–2023), and editorial board member of the *Journal of Counselor Leadership and Advocacy* (2021–2024).

**Emily Goodman-Scott, PhD**, is an associate professor, graduate program director, and school counseling coordinator at Old Dominion University. Before this, she was a school counselor and worked in multiple mental health counseling settings. She is passionate about research and writing and has published over 30 peer-reviewed articles and two books. She presents across the United States, offering trainings, keynotes, and district partnerships. She co-coordinates the Association for Counselor Education and Supervision school counseling network, was the 2020–2021 president of the Association for Child and Adolescent Counseling (ACA division), and received the 2020 ACA Research Award.

**Michael Hannon, PhD**, is an associate professor of counseling at Montclair State University. His research focuses on Black men’s wellness, with attention to their roles as fathers, leaders, clients, and counselor educators. He has been a contributor to organizations such as Autism Speaks, Thrive Global, Fusion, as well as *The Huffington Post*. His book, *Black Fathering and Mental Health*, will be published in the fall of 2021. He is an associate editor of *The Journal of Humanistic Counseling*.

**Marja Humphrey, PhD, NCC**, is an assistant professor in the school counseling program at Bowie State University. Her research focuses on counselor preparation, leadership, wellness, and online learning. Her publications have examined multicultural counseling, counselor self-care, and counselor leadership development. She is currently serving as the cochair for the Emerging Leaders program with the Maryland Counseling Association and represents Bowie State University with the Maryland Consortium for Adjunct Faculty Professional Development.

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**Jodi L. Tangen, PhD, NCC, ACS**, is an assistant professor and the counselor education program coordinator at North Dakota State University. She focuses her research on spirituality, relational depth, and social justice and diversity. She is also the proud mama of two delightful young children!

**Andrew W. Wood, PhD, NCC**, is an assistant professor of counseling and the mental health counseling track coordinator at the University of Cincinnati. His research interests primarily focus on psychosocial issues in cancer care and health as well as social justice and activism. His role as a counselor educator includes understanding the role of advocacy for students from an ecological perspective and integrating radical mental health theories and pedagogy into his teaching alongside traditional perspectives.