

Reconceptualizing the Counseling Profession

A Decoloniality Journey

EDITED BY
EDIL TORRES RIVERA
IVELISSE TORRES FERNÁNDEZ



American
Counseling
Association

counseling.org

Copyright © 2025 American Counseling Association. All rights reserved.

American Counseling Association
2461 Eisenhower Avenue, Suite 300
Alexandria, Virginia 22314

Published in the United States of America

Library of Congress Cataloging-in-Publication Data

Library of Congress Control Number 2025032965
CIP data requested but not available at time of publication

Contents

Acknowledgements i

Preface iii

Edil Torres Rivera and Ivelisse Torres Fernández

Theories and Bases

1. The History of Counseling 3

Edil Torres Rivera

2. A Short Recount of the Intersectionality of Counseling
and Decoloniality 19

Edil Torres Rivera

3. Identity as a Form of Liberation 37

Roni K. White

4. Decolonial Thought 63

Yarimar Rosa-Rodríguez and Eduardo A. Lugo-Hernández

5. Foundational Concepts of Decolonization 95

Edil Torres Rivera

6. Colonization and Racism 119

Daun Kwag and Carlos Hipolito-Delgado

7. Counseling for Social Justice Without Decolonization 139

Mariaimeé Gonzalez, Jude Bergkamp, Katherine Fort, Keiko Sano, and Rachael Fuller

Applications

8. Reconceptualization of the Counseling Profession From a
Decoloniality Approach..... 163
Edil Torres Rivera

9. Clinical Approaches.....177
Thomas A. Chávez and Deidre P. Yellowhair

10. Indigenous Ways of Knowing 203
Julie Smith-Yliniemi, Krista Malott, and Susan Rodríguez Branco

11. Clinical Supervision..... 223
José Francisco Avilés-Acosta and Javier Robledo Rivera

12. The Interconnectedness of Decolonization and Decoloniality
in Counseling.....247
Deidre P. Yellowhair and Thomas A. Chávez

13. Reconceptualizing the Counseling Profession.....271
Ivelisse Torres Fernández and Edil Torres Rivera

Glossary..... 281

Index..... 291

About the Editors.....311

About the Contributors313